



“Surrender”

and the magic begins

You have only reached this e-book because you are ready.

This book is a piece of magic, meant only for those who have reached a certain frequency and are prepared to embrace a true spiritual journey.

When I opened my laptop this morning, I had planned to write something entirely different. But as soon as I opened a new file, my hands automatically typed the word “surrender.” This wasn't a topic I had ever planned to cover; it wasn't even on my mind. I knew then that this was going to be automated writing.

Today, the Universe will speak through me.

What is truly mesmerising is that this book began with my own act of surrendering. Where I had intended to type “Envy and Jealousy,” I typed “surrender” instead. I let go of my plans and simply went with the flow. The process happened so naturally that, in that moment, I didn't even realize I was doing it.

Right now, I don't know what comes next or how this book will flow. Usually, I plan everything out before I start typing, but for the first time, I have no idea of the direction this book is going to take, the topics it is going to cover and concepts it is going to explain. While I have done automated writing before, this is my first time doing it for an e-book that will be shared with the world. I am really excited to see what unfolds, as every next line is a surprise for me too.

I hope you enjoy reading it
as much as I am enjoying the experience of typing it.



I lied when I said you will get everything you ask for.

Well, sometimes you have to give lollypop to the kids to get them to school. Prayers are always 100% heard, but not always answered. I don't apologise for the marketing strategy because I know how the human mind works. Had someone told me that I need to ascend when I was desperate, helpless and in deep pain, I would have shown them a giant-sized middle finger too. My first step was to comfort people and connect them with Gods. Now comes this e-book which is all about the reality of how things actually work. This is going to be one of those e-books that I will never put on promotion or highlight on my Instagram profile. I would let people seek it. The ones that are ready, will find their way here on their own. This e-book is the work of magic, real-time channelling and revelation of spiritual truth.

You cannot get everything you ask for.

If you do, your life will be a never-ending misery.
We have extremely limited perceptions and
most of our wants, wills, wishes and desires stem from lower energy emotions.
Gods cannot and will not respond to that, because they love you.
They don't care whether you hate them or love them,
believe in them or doubt them,
they only care about your wellbeing,
exactly what good parenting should be.

There is no black magic, spell, jinn, demon, Deity or energy in this Universe
that can get you everything you ask for.

Human wants are unlimited.

This won't be Earth if we get everything we desire
and there will be no point of being human if all of our wishes are fulfilled.

Even when you do a black magic spell to inflict harm upon others,
there is a limitation to how much harm the magic will cause.
and even though you will experience a temporary relief in the ego department,
your life will not improve by harming another.

So, the question is, what does actually work?
Surrender!

Surrender is not giving up.

To surrender means to trust God enough to allow them to do what is in our best interest.
Surrender comes from Faith, the third highest vibrational energy in the Universe.
The first one is the Violet Flame, and the second one is Love.
(By the way, high vibration doesn't mean high power.)

To surrender means to let go of control.

We try to control the outcome because we don't trust ourselves.
It is our lack of trust in our ability to deal with any situation that comes up,
that we try to create predictability through control.

Many people claim to trust God and claim to be God's favourite children.
But most of them don't really believe that to be true.
They are masking their failure against God's plan by faking it.
It loses its value when it is done to satisfy one's ego.
Actually believe in it.
Actually trust God.
Know that God actually loves you.

Lessons are opportunities of Growth.

They are the biggest sign of God's love for and trust in you.
God doesn't wish for you to live in delusion of power,
God wishes for you to be truly Powerful.
That's exactly why they give lessons so that we grow.

To surrender also means to accept the lessons.

To allow God to bring us positive transformations.
We keep finding ways to escape the lessons, I have tried that too many a times.
But when I eventually gave in and surrendered, the intensities of lessons actually dropped down. The moment I got aware that God is trying to teach me, and I need to learn this, my prayers became about learning that. The pain of lessons vanished, and my growth began. The whole process became very easy. But to bring me to surrender, God had to break me to bring me to my knees and I love God for not giving up on me.

I was powerless before surrender,
I am empowered after surrender.

I was alone before surrender, working alone to change my life.
After surrender, I have at hundreds of Divine Forces actively helping me 24/7.

I was sinking in the quicksand of negativity before surrender,
I am flying in the skies of positivity and swimming in the rivers of love now.

I remember the day I finally surrendered. I had beaten myself up with dumbbells and turned my face red with heavy slaps until I had no energy left to fight. I felt completely defeated; my ego was bruised and broken. I had tried everything in the Universe, yet I still couldn't win. Every time I thought victory was close, I lost again.

The humiliation, shame, and embarrassment had reached a breaking point. Bleeding and injured, I entered my prayer room, which was filled with twenty different altars, deities, and spells. I wasn't just tired—I was literally, not metaphorically, on my knees, crying my heart out.

I simply said, “I give up. Kill me now. I can't do this anymore.”

My life had been a masterpiece of injustice, and up until that moment, I had never truly known what justice felt like. But as those words left my lips, something inside me shifted. I realized then that what I had actually given up was my ego, my need for control, and my arrogance. The voice saying “kill me now” wasn't mine—it was the ego finally admitting it had reached its end.

You may have met many people with ego and control issues, but trust me, none were quite like me. While most people have egos with each other, mine was with God. I learned every prediction technique in existence because I refused to accept unpredictability; I wanted to force the world to give me exactly what I desired. I lived with a false sense of power that fuelled a deep, stubborn arrogance.

For thirty-eight years, God worked tirelessly to break that ego and strip away my need for control. Looking back, I see this as the ultimate act of love. God didn't allow me to stay trapped in a delusion of power; instead, God ensured I found *true* power. I was denied everything—even justice—until the moment I finally surrendered.

Once I let go, the magic began. Justice started flowing to me from every direction, and I finally stepped into my real strength. All the Justice I had been chasing manifested within a week.

In the past, I had to learn through "heavy lessons" and pain. Now, the process is different. When I realize I'm going wrong, I simply identify the pattern or belief and write a prayer to remove it. Within twenty-four hours, the transformation happens. I finally understand that the whole point of those painful lessons was simply to break a habit, a nature, or a belief.

Now, my life functions with ease. I just say, “I see that this is wrong, and I ask God to remove it.” Because I am willing to change, the difficult life situations that used to "force" me to learn have stopped happening. The transformation is peaceful now. And the more I transform, the more the blessings pour in.

About the injustice, God never brought me justice before because the purpose behind flooding my life with narcissists, sociopaths and avoidants was to destroy my ego, control and arrogance. Until that happened, I couldn't get justice. Because had they given me justice before, I would get more egoistic, more arrogant and more control freak. But once I changed, justice unleashed upon all those who harmed me. Now understand one thing very carefully here, the thing that is wrongly roaming around in the spiritual circle. They were brought into my life to break my ego because they were narcissists. They weren't narcissists to break my ego. This misinformation has forced many people who were wronged to thank their abusers, stripping them of all the power that was left within them and empowering the abusers to abuse more as this leads to justify their acts. If someone wronged you, they are evil and bad. Period. Don't thank them for destroying you. They were “USED” by the Universe to teach you a lesson. They weren't made evil for your growth. They are evil and they will be punished as soon as your transformation takes place. I suddenly had the spurge of anger in me as soon as I addressed this. I have such massive anger towards these spiritualists that I feel one e-book I should write only to release my anger so that it stops interfering with my writing. I have to say this here, that most spiritualists are power hungry people who enjoy suppressing their clients to make themselves feel powerful. They teach “Light work”, but they are the ones actually diminishing the lights of people. Any spiritualist encounter you had, just think about the whole conversation you had with them, and you will understand what I am saying. Many people who get into

spirituality is not to transform, heal and ascend themselves but to bully others in the name of having connection with Gods to feel powerful. Their tones are also egoistic no matter how much they try angelic voices. And now I am completely deviated from the topic. But I will leave this part here for you to understand what lower energy emotions do. I was telling you about Karma, and yet I got trapped in my anger and somewhere started turning you against spiritualists. In fact, now if I think about it, all my previous e-books have some amount of hate bashing. So very subtly and unknowingly I was instigating you. No lower energy emotion can ever bring positive outcome. And the proof of that is right in front of you. And now I will show you the live example of surrender. As I stated earlier, everything is a realisation now. I realised I am hateful towards wrong spiritualists. And I am directing that hate towards you, my readers, who I wish to fill with positivity. Which also means, that I am still not functioning absolutely from the space of love. I see that my hate towards them is wrong. It is not only damaging me, but affecting my writing and the negativity of it is reaching my readers. Now the immediate prayer, *“I ask the Universe to immediately, completely, absolutely, permanently, irreversibly and eternally remove and destroy all the hate I hold and carry, from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my pasts, my presents, my futures, my fates, my destinies, my fortunes, my writings, all of my e-books, my ishtarvalora.com website, my Ishtar Aren Instagram profile, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences. I also ask to immediately, completely, absolutely, permanently, irreversibly and eternally fill every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my pasts, my presents, my futures, my fates, my destinies, my fortunes, my writings, all of my e-books, my ishtarvalora.com website, my Ishtar Aren Instagram profile, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines with the thoughts, feelings, emotions and Energies of Love, across all dimensions, realities, realms, lifetimes, timelines and planes of existences. It is done. It is done. It is done. Thank you. Thank you. Thank you.”*

I decided to not edit the above paragraph at all. Not even for the typos and grammatical errors. It was something that just happened naturally, and I wanted to show you a live example of how realisation happens with me now post surrendering. Let us see if this changes my tone and frequency in writing now onwards. However, I decided to change its colour because it was a magical moment which I wanted to highlight in the physical reality.

Getting back to the topic,

*“People aren’t asked to harm and wrong you to teach you a lesson,
To teach you a lesson, wrong people are sent into your life”*

- Ishtar Aren

Wronging you is a choice that they make. God isn’t asking them to wrong you. They aren’t doing Gods any favour. Neither are they doing you any favour. Every act of theirs is their choice; they are the perpetrators of harm; they are the abusers. By giving them gratitude, you justify their actions, and they feel more entitled to cause more harm to you and other people.

What you do is your choice. You can choose to get trapped in negativity and ego if you decide to punish them yourself. Or you can ask Gods to bring you justice and get trapped in victimhood. Or you can choose forgiveness.

Forgiveness

Forgiveness is the most misunderstood concept of spirituality, and hence never been implemented successfully. For-give literally means to give away.

Forgiveness is not an act of excusing someone of their karma.

Forgiveness is an act of liberating ourselves from their karma.

When you forgive, you are releasing yourself of the abuser and the pain and suffering the abuser caused to you. Forgiveness is the act of moving on. You move on by trusting that the Universe will bring justice. You are basically handing over the abuser to Justice and Karma, and erasing them out of your life, minds, thoughts, feelings, emotions and system.

Forgiveness is the Energy of Liberation.

When you channel the Energies of Forgiveness, what it does is it separates you from the abuser, the abuse and the emotions birthed out of the abuse.

It penetrates and separates.

It is an Electric Purple Flame



The energies feel like a mild electric current. They are light in weight but opaque in texture—not smoky, but more like a thick, flowing liquid. You start feeling lighter as soon as they enter your existence.

Karma and Justice

People fear that Karma and Justice won't deliver a fair or fast enough punishment to their abusers, so they try to take matters into their own hands. When you've been wronged and see your abuser living unharmed, it's easy to feel like Justice and Karmic consequences don't exist.

Karma and Justice are two sides of the same coin.

Karma is the accountant that keeps tracks of actions and intentions and decides appropriate lessons for growth, while Justice punishes with its sword. Karma is the scale, and Justice is the sword.



Every action has a natural reaction.
No action goes unpunished or unrewarded.

Both Karma and Justice are the masterminds of the Universe.

Karma and Justice work like a “Dhobi Pachaad”. They let a person fly high just so they can slam them down even harder. You might think an abuser is flourishing as they rise, but like a laundryman lifting a cloth, it is only to gain momentum for the hit. They floor the abuser again and again until they are broken and the lesson finally sticks. The reason for this is simple: if you push someone who is already sitting on the floor, they won't fall hard. But when you push someone standing on a table, they fall flat on their face. The rise is just an illusion; the fall is the reality. If an abuser looks like they are flourishing after causing damage, it is not because they are free of consequences—it is because their fall is going to be that much harder. There is no point hurting someone who is already hurting. They apply ointment only to wound deeper.

They do this not because they are evil or loveless, but because they are just strategists. They don't leave until the lesson is taught and the karma is paid in full. We think Karma is delayed, but on the contrary, it is pretty much instant.

Just because you don't know it, doesn't mean it isn't happening

No one announces their shames with fireworks.

The reason people keep Karma and Justice induced punishments to themselves is because Karma and Justice teaches and punishes with humiliation and embarrassment. To save their faces, they over show success and happiness.

Revenge

When you will, wish, plan or plot a revenge against someone,
you make other's karma your responsibility.

You entangle yourself with their Karma,
you also take up their Karma
and you become the wall between them and Karma & Justice.

Unknowingly you start protecting your abusers from Karma and Justice.
Because trust me when I say this, there nothing you can think of doing to them which is going to be worse than what Karma and Justice have planned.

Karma and Justice are master manipulators.

Think about how much it hurts to be betrayed by someone you trust. Now imagine the Universe doing that to you. That is the kind of betrayal that stings forever. They keep handing the abuser bitter lollipops in beautiful packaging. Eventually both, the trust and the confidence of the abuser shatters.

If someone slaps you, the pain fades. But when someone makes a total fool out of you, the embarrassment leaves a permanent mark. No matter how sharp you consider yourself at manipulations or mind-games, you are nothing against Karma and Justice.

The punishment of Karma and Justice breaks the abuser's mind.

Karma and Justice aren't sadistic evil beings

They don't do all this for fun.
They do it to bring balance and realisations to the abusers.
That's why their strategies are absolute.

Karma and Justice also activate within the victim's life

There are situations where it is simply a tragedy.
In those cases, Karma and Justice come with a huge team of Divine Forces to heal you.
Then there are situations, where you are a victim of your own choices.
In those cases, Karma and Justice come with healing and lessons.

The end goal of Karma and Justice towards a victim is to bring them into their power.
They use both healing and lessons to manifest that.

All of the above only means, handing your abuser to Karma and Justice will not only get you into your power, but bring the kind of punishment onto the abuser that you are incapable of planning.

Trust me, letting go of abusers is liberating.

Let me tell you about my ex. This guy spent three years playing mind games with me before ripping my heart out and tossing it into a dumpster. Now, he's all over social media with the "happily married" act. It used to burn me up until I talked to his sister. She actually came to me for a tarot reading to see when his "married life will turn happy". Apparently, every day for him is a struggle. This man used to treat women like his personal maids; now, his wife has him completely emasculated. He used to gaslight women to get control over them; now, he's the one under total control of his wife.

Whenever I see his "perfect" posts and start to feel that sting of hurt, I just hear two words in my head: "Dhobi Pachaad". And trust me, it's not a pleasing thought to soothe my heart; it's reality. This guy is an actor, easily one of the best-looking men I've ever seen. Or he *was*. He has gained so much weight so fast that he literally looks like four or five pumpkins stacked on top of each other. My first thought when I saw his weight gain in his wedding pictures was, "If this is what he was going to look like, God seriously saved me." I'm not even saying that to feel better. I loved him only for his face, not his non-existent heart and narcissistic nature. Now that the one good thing about him is gone, I realized I escaped by a thin margin.

The moral of the story is that Karma and Justice don't wait around—they activate the second the injustice happens. I chose to let go. I didn't plot revenge because I knew a Higher Force, way smarter than me, would handle the heavy lifting.

Could I have made him ugly? No. Could I have hand-picked a partner who turned him into an emasculated puppet? Definitely not. If I had tried for revenge, I probably would have just broken up his marriage—which, honestly, would have been doing him a favour by saving him from the misery, because that's the limitation of my thinking.

When his sister told me about the disaster his life had become (only two months in marriage), a Bollywood song started blasting in my head. It took every ounce of strength in me not to laugh in her face. The song was, "bandh gaya patta dekho ban gaya kutta" from the movie *Pyaar Ka Panchnama* (The leash is tied, look at the dog he's become).

Watching him lose the one thing he took the most pride in? Now that's what I call Karma and Justice royally screwing him up.

Losing what one most pride themselves at,
is one of another ways of Karma and Justice punishing them.

He could only manipulate because women went crazy for his looks.
Karma and Justice simply took away his only leg to stand on.

I feel a weird sense of victory and empowerment in his misery. Again, not because I seek sadistic pleasures, but because the feeling of justice being served is a feeling I wish for every victim to experience.

I am going to give you a short but powerful prayer to help you forgive and surrender your abuser to the Karma and the Justice.

“I call upon the Energies of Forgiveness to immediately, completely, absolutely, permanently, irreversibly and eternally penetrate, activate and manifest within every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my pasts, my presents, my futures, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences and help me forgive _____.

I ask the Energies of Forgiveness to immediately, completely, absolutely, permanently, irreversibly and eternally erase, remove, release, evaporate and destroy all the thoughts, feelings, emotions, energies, memories, imprints and traces of egos, angers, sympathies, pities, guilts, shames, humiliations, embarrassments, resentments, fears, anxieties, hurts, harms, pains, sadness, depression, stresses, traumas and PTSDs _____ caused to me, from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my pasts, my presents, my futures, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.

I call upon the Lord of Karma and the Lord of Justice and surrender _____ to them. I ask the Energies of Forgiveness, the Lord of Karma and the Lord of Justice to free and liberate me from _____ across all dimensions, realities, realms, lifetimes, timelines and planes of existences.

It is done. It is done. It is done. Thank you. Thank you. Thank you.”

Do this prayer for 7 days. Amethyst is the best stone for this process. It is associated with the Lord of Karma and the Ray of Forgiveness.

Honestly, when I edit this, I'll truly see what the universe made me write today. It's not that you aren't aware of what your fingers are typing during automated writing, but you aren't fully conscious of it either. What adds to the magic is that I just realized there are exactly eleven pages here. I really hope the magic intended for this e-book reaches you and transforms your life for the better.

Happy Liberation,
Happy Surrendering,

