



A permanent end to
your *procrastination*

Procrastination is a form of resistance induced diversion our mind creates to divert us from what we wish to do to other things that will temporarily make us feel better. In other words, procrastination is an escape. All you have to do is end that which you are running away from. It is all in our minds. It is always a part of our mind running away from another part of our mind towards another part of our minds.

You are procrastinating because you are avoiding the task due to unconscious fears associated with the task. It is not laziness.

After having dealt with thousands of procrastinators I have concluded that people procrastinate only because of the following reasons:

Fear of failure,
Fear of making mistakes,
Fear of not being good enough (self-doubts),
Fear of responsibilities.
And, lack of energy.

So far in my journey as a therapist and healer I have never come across anyone who had any other reason to procrastinate other than these.

If you have read my e-books you already know how much I hate unnecessary extra information and using too many words. Which is why, I will directly give you the prayer that will help remove the procrastination habit from the core of your being. Trust me, the prayer will start working instantly even if the absolute results take months to fully manifest.

“I call upon Lord Kalbhairav, Goddess Ishtar, Goddess Inanna and God Osiris to immediately, completely, absolutely, permanently, irreversibly and eternally extract and destroy, from the points of their creations, all the seeds, roots, lands, bases, grounds, cores, foundations, structures, constructs, habits, patterns, loops, cycles, natures, personalities, identities, thoughts, feelings, emotions, energies, cords, connections, attachments, comforts, frequencies and vibrations of the fear of failure, the fear of making mistakes, the fear of not being good enough, the fear of responsibility and all the self-doubts, from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my pasts, my presents, my futures, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.

I ask for every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my pasts, my presents, my futures, my environments, my surroundings, my atmospheres, all of my security systems and all of my timelines to be immediately, completely, absolutely, permanently, irreversibly and eternally filled and flooded with psychic, mental, emotional, spiritual, creative and physical energies, , across all dimensions, realities, realms, lifetimes, timelines and planes of existences. It is done. It is done. It is done. Thank you. Thank you. Thank you.”

This prayer will open the doors to other associated resistances. You may realise other blocks for which you will have to create new prayers. Go through my e-books the Art of Praying and Awareness Healing to understand the process of mental excavation and learning to create prayers.

This is a pattern-breaking prayer, which means the journey can be a little uncomfortable. The more deeply ingrained your fears are, the more time it will take to clear. However, with regularity, I have seen people get onto the activity state from inactivity state almost within weeks. But they had me to help them with the mental excavation. Since you will be doing it all on your own, it may take a few months, but be rest assured, that is the maximum amount of time it will take if you do the prayer regularly and practice awareness healing religiously.

Happy working,

