



**Empath** & *empathy*

One of the biggest blocks to being truly alive as a human is being an empath. Empathy has been so wrongly presented that it has literally made the lives of energy sensitive people hell. The biggest skill a human being can possess became the biggest curse. All of these wrong concepts were introduced to turn sensitive people into tools for personal gains and benefits. Energy sensitive people were turned into empaths for the sole purpose of exploitation. And the ignorant people are still spreading that information.

People who understand, feel, hear or see energies are called **energy sensitive** people.

Empath is misinformed energy sensitivity and miscommunicated empathy.

## *The manipulated empath*

Being a manipulated empath means that you **absorb** other people's pains, sufferings, emotions, feelings, thoughts and energies, which basically means healing people by pulling their suffering and giving our personal positive energies.

Being a manipulated empath and having empathy means self-sacrificing constantly and continuously for the benefit of others.

The biggest misconception and wrongful information spread across the whole Collective Consciousness is that if you have spiritual gifts you have to use it to help others. That spiritual gifts are Divine Gifts given to us with the purpose of helping others. No. Wrong.

## *The right information*

All the spiritual gifts you are born with are earned by you by giving your time and energy into enhancing them. God did not play inki-pinki-ponki and randomly distribute skills. In the beginning we were all the same. Then people started developing certain skills lifetimes after lifetimes. Spirituality is one of them. You haven't been lucky, you have earned it. Don't get arrogant about it, but stop feeling burdened about it as well. You did all the hard work, you inculcated and enhanced the skills and it is your choice whether you wish to heal others or not. It is not a Divine Command written in stone. Being selfish and being self-loving are two very different things. Just healing yourself, bettering your life and using your spiritual skills only for yourself doesn't make you selfish or evil in the eyes of the Universe, intending harm onto others does. You are most valued in the eyes of the Universe when your intention is solely self-love and no harm to others at all. Choosing to help and heal others is your choice and not a Divine Command. Also, healing and helping others does not give you extra points, however, harming others does add to the bad karma. Universe doesn't care if you help & heal others or not. It only cares about ascension and harms being caused to others. If you notice, self-loving and self-centred people always get a good life and self-sacrificing people always get screwed. That is because God doesn't get impressed with self-sacrificing, if

anything, They get pissed. They get more pissed when you are selfish, narcissistic and sociopathic causing harm to others. What they are most impressed with when you channel all of your energy onto your personal growth without needing to harm others for it.

Being an empath what you truly are in the eyes of the Universe is an idiot. They do not respect you. Trust me, I know this because falling into the trap, I used to be one myself. Being an empath is reaching the heights of stupidity.

**Empathy** is the ability to understand what someone else is **feeling, thinking and experiencing**. Empathy is actually a powerful element of the conscience (crown chakra) which helps us take the right decisions, say the right words and do the right things. Empathy is not the element of the heart chakra. This is a wrong information which I would request you to uncreate and destroy right away. Inserting empathy in the heart chakra is one of the blocks of the heart chakra. Feeling others pain was not God's plan, it was of the exploiters. When you feel others pains and sufferings you are feeling it **because you are absorbing it**. What they have turned you into is a machine that is **healing others on automation**. If you were born an empath, then the wrong conditioning was programmed into your system in the previous lifetimes.

An empath has no control over their system. They start nursing even strangers. They have no life as their lives are programmed to heal others by absorbing their garbage and giving away one's good energies. They live and work like a machine. They interact with people, get screwed, come back home then cleanse and heal themselves only to be ready to be depleted again the next day. Their lives go in the same repeated cycles. They are also conditioned and programmed to believe they are doing God's work.

Empathy is merely a sense to know, understand and see pains, sufferings and emotions. **Empathy is emotional intelligence**, and that's all it is supposed to be. No human being was ever supposed to heal, mend, repair or help others. God values those who help themselves. God is trying to make every human being powerful and independent. By being an empath and healing, mending, repairing and helping others you are taking the power and independence away from people and also interfering in god's work. You can choose to use your empathy to make money. Become a professional healer and therapist, but allow people to work on themselves. I never sat down healing people, I always guided them to heal themselves. I helped them dig into their minds, created proper prayers, suggested them crystals, taught them how to use it, but never sat down to heal them myself. Never balanced their chakras or transferred my personal energies. **I used my empathy to guide them to help themselves. I stopped being a mindless machine healing and cleansing people on automation.** I stopped being a doormat. I started valuing myself. I started valuing my skills. I stopped being used and exploited as a medicine and a vacuum cleaner. I stopped being an empath!

The day I stopped being an empath, I started being me. I gained power, independence, identity and most importantly, God.

Empathy is a basic "common sense" to know the right course of action in any given situation in order to follow Love, Truth and Justice.

## *Logic* - Virtue of an Ascended Being

Many people believe being emotional to be a good quality and a lot of spiritualists condemn logical thinking. They say logics and spirituality cannot work together. When the reality is the opposite of this. Logic is the purest form of God's gift. Without logic, you are an animal with limited thinking capacity. Everything in this world is supposed to make sense, so if anything does not make sense, stop believing it. This is a quality that a true spiritualist possesses. They have the sense and the strength to question old

beliefs and choose from the buffet of options. Without logical thinking you are only using spirituality as an escapism or to control other people.

Emotions overpower logics and turns an intelligent person dumb in just a few seconds. How many times have to seen yourself or others take wrong decisions in fear or desperation. Even the most intelligent people goof up in panic. If I give you my own personal example that just happened last week. I saw my ex showering his wife with love on social media. My first instinct was, “what is he compensating for now”, that was logic, because I know the man. However, jealousy took over within seconds and my logic couldn’t survive. He destroyed me so bad that it took me years to make myself up again. So obviously, I don’t want him to have a trace of happiness. Now logic knows he is extremely unhappy, but emotions don’t care. They have no logic. I just pulled myself back from what I was going to do because now I have earned that much control on my emotions. I immediately created a prayer to erase those emotions from the core and got back to logic. But had I remained trapped in those emotions, my social media would have been flooded with reels and photos of a boyfriend that doesn’t exist. Emotions not only block the logic, but they motivate us to do stupidest of things, most of them are lies we create to satisfy and protect our egos and injustice that then follows.

## Pity & *sympathy* – the weapons used to control people.

Oh yes! Feeling pity or sympathy towards someone? Run the hell away from them! Pity and sympathy are tools of manipulation. The more you feel sorry for someone, the more manipulative they are. No matter how much bad happens to a non-manipulative person, you will never feel bad for them. Not really. That’s because they aren’t using their life-situations to manipulate you. They will not lie half dead in their life’s situations asking others to comfort and care for them. Because they are neither seeking attention, nor validation, nor anything else out of you. They will in fact be swimming hard to get out of the messy emotional pool. What these people attract is empathy, they just want you to understand them so that you don’t come in the way of them swimming out. Manipulative people on the other hand will pull you into their pools, suck you dry, leave you for dead in their pool of suffering, find another emotional fool and live their entire life in that pool with many people serving them within it. If you have read about narcissists, their victims are always empaths as empaths are programmed to pity and sympathise majorly with them (narcissists, psychopaths & sociopaths) and then with others as well. Empaths were created by careful conditioning and programming by narcissists, psychopaths and sociopaths for the sole purpose to serve them. That’s why they always are on the lookout for each other. If you know about narcissists and their victims, what I just said will instantly click into your system. Pity and sympathy are a manipulative weapon. The moment you feel it you leave that person. Only a manipulator can generate pity and sympathy in you. Pity and sympathy are the first and the most important signs of being manipulated. Narcissists specially, don’t really have pain, they use pain to find servers. When you pity them or sympathise with them you become one of their servers without realising it.

## Emotional *healing* myth

It is an assumption that empaths heal emotions of other people. Healing means removing the cause from the core and replacing it with the exact opposite high vibrational energy. What empaths do is dusting and vacuuming of the upper layers of negative & lower energies of other people, give away their life-force energy and become crutches.

Empaths are not healers, they are the house helps of the Energy World.

## Emotional *availability* = self unavailability

People glorify emotional availability because an emotionally available person is a convenience to the world. That is why they hardly ever get true respect; people usually treat them as use and throw materials. They are called when someone needs to dump their emotional shit and later are discarded because they are no longer needed. This is true of every emotionally available person I have known. Emotional availability is one of the characteristic traits of being an empath. When you are emotionally available for others, you are totally unavailable for yourself. You will notice this as you change. The moment you start being available for yourself you will not be willing to be emotionally available for others. You will only show availability for people and situations that truly matters and are practical real life problems, and not some assumed made-up emotional crisis.

Most empaths are the people who are running away from themselves, which is why they are always available for other people. I have transformed more empaths than I can count, and they all started attracting everything good the moment they quit being an empath. When you yourself are not available for yourself, nothing else will ever be available for you.

Empaths are created by manipulative abuse. Manipulative people very consciously turn sensitive people into empaths in order to use them to their advantage. Step one of creating an empath is breaking their solar plexus (confidence, power, esteem, identity). Step two is filling them up with complexes (done through gaslighting) and self-disgust. Which is why they start running away from themselves and become people pleasers. They are convinced that their worth lies in being liked by people, and they will only be liked when they are of use. That has always been the core reason of every empath I have come across. Some carry it from past lifetimes, while others are turned in their current life.

All you need to understand is that nothing great about being an empath. What you need to be or do, is enhance your energy sensitivity and get full control over your emotions and energies.

## Energy-sensitive *people*

Energy sensitive people are people who can sense, feel, see, hear, touch, smell, taste or think energies. In other words, they are aware of the existence of energies and have the ability to understand them. At least one out of ten people is energy sensitive. This sensitivity comes from their Aura being open to the energy realm. Which also mean they can easily absorb the wrong energies.

Now, when you only use your crown chakras to absorb energies, you only gain knowledge of other people. But ignorant energy sensitive people have all of their chakras open to one and all, which is why they keep absorbing thoughts, feelings, emotions, diseases, etc. All you have to do is close the rest of the chakras to others and only keep the crown chakra open to receive information. This way all you pull is the understanding of how the person is, without pulling in their pains, emotions, sufferings and diseases.

If you choose to stop being an empath, following is the prayer for it. The number of repetitions will depend on how deeply is being an empath ingrained in your system.

Call upon the Deities of your choice.

*“I call upon \_\_\_\_\_ for the immediate, absolute, complete, permanent, irreversible and eternal manifestation of the following prayer:*

*I ask for all the psychic, esoteric, ethereal, spiritual, soul, karmic, energetic, mental, psychological, verbal, emotional, astral, etheric, creative, destructive, sexual and physical oaths, vows, promises, swearings, contracts, agreements, commitments, decisions, choices, programmings, conditionings, inscriptions, codes, commands, instructions, habits, patterns, loops, cycles, manipulations, curses, cords, mechanisms, controls, connections, attachments, enmeshments, entanglements, mergers, acquisitions, destinies, fates, timelines, natures, personalities, identities, behaviours, automations, life-paths, life's purposes, compulsions, restrictions, limitations, bindings, locks, cages, guilts, fears, experiences, beliefs, thoughts, feelings, emotions, memories, imprints, traces, effects, results and manifestations of being an empath, automated empathy, pity, sympathy, energetic garbage collector, energetic garbage disposable system, energetic garbage processor system and automatic thoughts, feelings, emotions and energies cleanser to be immediately, completely, absolutely, permanently, irreversibly and eternally removed and destroyed from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all the thoughts, feelings, emotions, energies, entities, spirits, beings, parasites, tulpas, servitors, thoughtforms, spells, curses, hexes, jinxes, troubles, sufferings, pains, traumas, hurts, fears, anxieties, guilts, karmas, punishments, responsibilities, failures, struggles, poverties and lacks of other people to be immediately, completely, absolutely, permanently, irreversibly and eternally removed and destroyed from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all of my life-force energies that I gave away, knowingly or unknowingly, consciously or unconsciously, willingly or unwillingly, to be immediately, completely, absolutely, permanently, irreversibly and eternally brought back to me and locked, sealed and activated within every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all the emotional availability I extended and gave to be immediately, completely, absolutely, permanently, irreversibly and eternally brought back to me and locked, sealed and activated within every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all the cords, connections, attachments, enmeshments, entanglements, mergers, acquisitions, tools, means, mediums, modes, realities, realms, planes, dimensions, worlds, lands, based, cores, mechanisms and instruments of empathy to be immediately, completely, absolutely, permanently, irreversibly and eternally removed and destroyed from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all the cords, connections, attachments, enmeshments, entanglements, mergers, acquisitions, tools, means, mediums, modes, realities, realms, planes, dimensions, worlds, lands, based, cores, mechanisms and instruments of absorbing, pulling or taking other people's and places' negative, lower, clutter, garbage, polluting, contaminating, impure and waste thoughts, feelings, emotions and energies to be immediately, completely, absolutely, permanently, irreversibly and eternally removed and destroyed from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*I ask for all the cords, connections, attachments, enmeshments, entanglements, mergers, acquisitions, tools, means, mediums, modes, realities, realms, planes, dimensions, worlds, lands, based, cores, mechanisms and instruments of giving away my personal energies to be immediately, completely, absolutely, permanently, irreversibly and eternally removed and destroyed from every cell of my physical body, every fibre of my being, every layer of my existence, all of my minds, all of my neurological pathways, my fates, my destinies, my fortunes, my environments, my surroundings, my atmospheres, my pasts, my presents, my futures, all of my security systems and all of my timelines, across all dimensions, realities, realms, lifetimes, timelines and planes of existences.*

*It is done. It is done. It is done. Thank you."*

**Happy Liberation & Empowerment**

